



Sailing Instructions - **REVISED**
JUNE CUP Series, “WOMEN AT THE HELM”
Tuesdays, June 2, 9, 16, 23, 2026

1) Rules

- 1.1) This regatta will be governed by the ‘rules’ as defined in the Current Racing Rules of Sailing.
- 1.2) The prescriptions of USSA and these Sailing Instructions shall apply.
- 1.3) This is a US Nearshore event and will require any type of VHF radio.

2) Notices to Competitors

- 2.1) Notices to competitors will be posted on the PRYC Regatta Management Solutions Notice Board by 1700 of the day of the race.
- 2.2) A Woman skipper must alone hold the helm on most of all legs of the course, during the start and finish, all tacks, gybes, mark roundings, and represent the boat in any protest. The same woman does not need to skipper the boat for all 4 races for the boat to qualify for the perpetual trophy; however, the boat must delegate a single team lead female skipper at registration to represent the team and to have her name on the perpetual trophy.
- 2.3) For registrants participating in the Mariner class, a gennaker that is $\leq 155\%$ may be used in place of a genoa; however, only one front sail may be used at a time.
- 2.4) There will be two classes:

Class	Description	Flag
A	PHRF Spin	"D" Flag 
C	Mariner/Non-Spin	"R" Flag 

3) Changes in Sailing Instructions

Any changes to the sailing instructions will be posted before 1700 hours on the day it will take effect, except that any changes to the schedule of races will be posted by 2000 on the day before it will take effect.

4) Signals Made Ashore

- 4.1) Signals made ashore will be displayed on the PRYC flag pole.
- 4.2) If the postponement signal (AP) is displayed, the warning signal will be made no sooner than one hour after the AP is lowered.

5) Schedule of Races

- 5.1) Courses will be chosen from the 2025 KHYC Twilights Course Chart (**updated and** with specific noted changes).
- 5.2) Each class will sail one race.
- 5.3) Multiple horns may be sounded prior to the first warning.
- 5.4) Subsequent races will be started at the race committee’s discretion.

6) Signals on the Race Committee Boat

Classes will start in the following order for the race, *an alert signal will be sounded 1 minute prior to the below Warning Signal:*

1755 Class A Warning, “D” flag up
1800 Class A Start; Class C Warning “R” flag up
1805 Class C Start

7) The Race Course

The racing area will be in the vicinity of “S” mark per the current KHYC Race Mark Guide.

8) Marks

- 8.1) Marks are spar buoys or inflatable replacements in the approximate positions defined on the current KHYC Race Mark Guide.

9) The Start

- 9.1) Race will be started using rule 26 with classes starting per paragraph 6 of this document.
- 9.2) The start line will be between S-Mark and a flag on the port side of the RC boat anchored to North of S-Mark.
- 9.3) All boats must check in with the Race Committee on the water prior to **the 1754** alert signal or prior to the removal of the "Lima" flag whichever occurs first.
- 9.4) Boats whose preparatory signal has not been made shall **keep clear of those** boats whose preparatory signal has been made.
- 9.5) The Race Committee will attempt to call on the course side (OCS) boats on VHF channel 78 after the starting signal. Failure to call a boat OCS is not grounds for redress.

10) The Finish:

The finish line will be just inside the harbor entrance between an orange flag on the RC boat and the Redondo Beach East Jetty Light (#2) at the harbor entrance.

11) Penalty System

- 11.1) Rule 44.1 is changed so that the one or two turn penalty is replaced by a one turn penalty. Rule 44.3 will not apply.

12) Time Limit

- 12.1) Boats failing to start within four minutes after their start signal shall be scored did not start (DNS).
- 12.2) There is no time limit for the race. Take your own time when passing W-Mark if the race committee is not on station.

13) Protests

- 13.1) Boats intending to protest must notify the RC boat upon finishing **and signaling with a red flag.**
- 13.2) Protests shall be written on forms available at the club and delivered to the Race Chairman, or PRO within 45 minutes after the RC boat docks.
- 13.3) Protests will be heard in the approximate order of receipt as soon as possible.

14) Scoring

- 14.1) The Low Point scoring system of RRS Appendix A.4 will apply as a single race event.
- 14.2) PHRF RLC ratings apply with TOD scoring.
- 14.3) Spinnaker and mariner vessels should hold a current PHRF rating. Boats that do not hold a PHRF rating will be assigned one by the race committee.
- 14.4) Non-Spinnaker offsets will be applied to Mariner/Non-Spinnaker entries.
- 14.5) A boat retiring **must** notify the committee ASAP or before the last boat to finish (whichever is sooner). The RC will monitor VHF Channel 78.

15) Prizes

Take home trophies will be awarded at PRYC each Tuesday, as soon as possible after each event. Perpetual trophy ceremony is scheduled for June 30th at 6:30pm at PRYC.

16) Hospitality

All participants are welcome in the Club before and after the race, post race hors d'oeuvres will be served. To keep the bar queue moving, drink tickets will be sold; cash is appreciated. All guests must sign-in at the door and require a name badge.

PRYC Race Chair: Deborah Jackson.....PRYCracing@gmail.com.....(818) 406-3954
PRYC Assistant Race Chair: Kathleen Lago...kpl@kathleenlago.com.....(310) 713-4303
Race PRO: Deborah Jackson.....PRYCracing@gmail.com.....(818) 406-3954
PRYC Office: manager@pryc.club